

2023 State of the State Report

TOP ACCOMPLISHMENT

Of the accomplishments listed below, what does your Chapter consider its top accomplishment?

Our chapter's top accomplishment is the successful launch of our mentorship program in 2023 showcasing numerous success stories that prove its positive impact on professional growth and member wellness.

1. Increase Relevance as the CV Professional Home (in particular, highlight any activity/ies that advance diversity and inclusivity, health equity, and/or member wellness)

a. Accomplishments:

- i. For the second consecutive year, our chapter co-hosted the Annual Motown Women's Heart Symposium with Ascension Michigan. The in-person event, an educational conference for healthcare professionals, aimed to enhance understanding of heart disease in women. The speakers, included Sunilkumar D. Rao, DO; Brittany Fuller, MD; Herman Kado MD; Sarah Deighton-Collins, MD; Amy Mertens, DO; and Yulia Abidov, RN, who presented valuable insights.
- ii. In 2023, our chapter launched a mentorship program, that received more than 100 mentee applications and successfully created 30 mentor mentee matches. The program has resulted in a multitude of success stories, showcasing its positive impact on professional growth and member wellness.

b. Opportunities:

- i. As we prepare for the second round of mentorship matches in July, we are committed to enhancing the CV professional experience. The insights gained from the initial round will bring improvements to the program such as bringing in Fellows in training to mentor the early career residents and med students.
- ii. Nishtha Sareen, MD, has been awarded a grant to put together a series of events to benefit Women in Cardiology. She is currently spearheading a 3-event series that centers on women in leadership, fertility guidance, and investment and financial planning.

2. Generate and Deliver Actionable Knowledge

a. Accomplishments

- i. Our 35th Annual Conference in Traverse City, MI, in September 2023 marked a significant post-pandemic success with nearly 300 registrations. The planning committee curated a program rich in networking opportunities, educational sessions, and a dedicated reception for the mentorship program. With over 30 exhibitors, the conference served as a hub for generating and delivering actionable knowledge. Denise Busman, MSN, RN, our legacy lecturer of the year, contributed valuable insights, further enhancing the conference's impact on actionable knowledge within the CV community.
- ii. The chapter's FIT Jeopardy Competition saw unprecedented success this year, engaging 18 teams in the preliminaries, making it our most successful year to date. Leveraging virtual platforms for the preliminaries expanded opportunities, allowing teams from across the state to participate. The final live competition, held at the Annual Conference, showcased their knowledge and expertise.
- iii. The FIT Council played a pivotal role in knowledge distribution through events like 'Acing the Interview' in the spring, offering fellows insights into what experts seek in interviews and strategies for successful job applications. In December, the 'Stump the Chump' event, where a challenging case from Heather Wheat, MD was presented to experts Alexander Michaels, MD, Karthik Ananth, MD, and Joshua Greenburg, MD, showcased the dynamic exchange of knowledge. Though the Fellows couldn't stump the 'chump,' these engaging events continuously generate and deliver actionable knowledge.
- iv. The collaborative webinar hosted by the Michigan Chapter and The Michigan Collaborative for Type 2 Diabetes (MCT2D) provided a comprehensive exploration of guidelines, indications, and contraindications of GLP-1 RA and SGLT2i. This event served as a platform to generate and deliver actionable knowledge, offering valuable insights into reducing cardiovascular risk in patients with Type 2 Diabetes.

b. Opportunities:

- i. We are thrilled to continue work of the Cardiac CT Academy program, spearheaded by Drs. Nagib Chalfoun and Michael Gallagher. This program is set to elevate cardiac CT education throughout the state, providing valuable resources for our FITs and interested members. This program once successfully off the ground, has the opportunity to be adopted to a national program.

3. Advance Quality, Equity, and Value of CV Care

a. Accomplishments:

- i. In 2023, our focus on advancing cardiovascular care in Michigan led to significant legislative developments. The Advocacy Committee diligently outlined the agenda for the year, closely monitoring changes in policies, including the certificate of need. Collaborating with the Michigan Chapter of the American Heart Association, we worked on initiatives to improve heart health statewide. Notably, the FY 2024 State budget allocated \$2,000,000.00 for a statewide stroke and STEMI system of care. Our Advocacy Team's efforts extended to Washington, DC, where they participated in the ACC Legislative Conference, advocating for key priorities. Back in Michigan, the Department of Health and Human Services finalized rules for a statewide stroke/STEMI system, effective November 9, 2023, reinforcing our state's leadership in cardiac care. We hope to have legislatures join our Advocacy committee in their respective hospitals to learn more about how changes to state policies can positively effect CV care.

b. Opportunities:

- i. We are actively engaged in a collaborative pilot initiative with the Michigan Society of Echocardiography. Under the leadership of David Langholz, MD, David Forst, MD, Luis Afonso, MD, and Karthik Ananth, MD, efforts are underway to assess and enhance the quality of echocardiography labs across the state. This commitment to quality improvement aligns with our mission, and we anticipate the rollout of upcoming events, programs, and opportunities that will further contribute to the advancement of cardiovascular care in Michigan.
- ii. The advocacy group is organizing a program to bring state legislators into hospitals, allowing them to shadow doctors. This experience aims to provide legislators with valuable insights into the challenges and decision-making processes in cardiovascular care. By fostering direct interactions, the initiative seeks to bridge the gap between policymakers and healthcare professionals, promoting informed policymaking for the advancement of quality, equity, and value in healthcare.

4. Ensure Organizational Growth and Sustainability

a. Accomplishments

- i. To ensure organizational growth and sustainability, our Mentorship Program underwent a strategic enhancement. In response to valuable feedback from the first mentorship batch, where younger mentees expressed a preference for mentors closer to their early career stage, we are proactively recruiting FIT members to serve as mentors. This targeted approach not only addresses the specific needs of the mentees but also fosters the development of the mentorship program, contributing to the overall growth and sustainability of our organization.
- ii. David Klungle assumed the role of CVT Representative, while Vaidahi Patel and Joseph Banno took on the responsibilities of FIT Council Co-chairs. Additionally, Nishtha Sareen, MD, embraced the pivotal position as Chair of Women in Cardiology, demonstrating our chapter's commitment to dynamic and capable leadership.

b. Opportunities:

- i. We are strategically working to strengthen our engagement with fellows in training. Recognizing the importance of maintaining their involvement even after transitioning to Attending positions, we are dedicated to creating initiatives that foster ongoing connections, contribute to professional development, and cultivate a sustainable and thriving community.
- ii. We recently elected a new chapter president-elect. Dr. Najib Chalfoun, MD, from Corewell Health, emerged as the successful candidate among two outstanding nominees, that included Dr. Elizabeth Pielsticker, MD, also from Corewell Health. We look forward to seeing the many great ideas that Dr. Nagib Chalfoun is coming to the table with come to fruition.

5. Other

a. Accomplishments

- i. This year, our Poster Competition marked a historic milestone with a record-breaking 111 entries, the highest in the history of Michigan ACC. From this impressive pool, 16 exceptional top scorers in their respective categories were chosen. All submissions were prominently showcased at our 35th Annual Conference, providing a vibrant display for both attendees and exhibitors.